

**REPAIR THE DAMAGE DONE TO CHILD SEXUAL ABUSE VICTIMS AND THEIR FAMILIES,  
REDUCE THE RISK OF RE-VICTIMIZATION, AND  
PREVENT THE CYCLE OF ABUSE FROM CARRYING OVER INTO FUTURE GENERATIONS.**

<p>INSIDE</p> <p>Introducing Therapist Kandy Moore</p> <p>Recognizing Our Generous Donors</p> <p>How You Can Help</p> <p>Art and Words From Our Clients</p> <p>Coming Events</p>	<p>Welcome to ChildSafe's newsletter, VOICES OF HOPE. This edition is dedicated to all of you who have helped through your philanthropy in the last year. Without you, we would not have been able to treat 412 children, non-offending family members, and adults who were molested as children. Our income-based sliding scale enables clients to pay for their treatment according to their ability to pay, but most of our clients cannot pay at all.</p> <p>The dictionary defines philanthropy as "the effort or inclination to increase the well-being of humankind, as by charitable aid or donations." In 2009, despite the devastated economy, ChildSafe received more than \$143,000 in grants and almost \$43,000 in donations, thanks to people like you who chose to increase the well-being of members of our community who have been sexually abused. Additionally, we received a sizable number of in-kind contributions. It is not an exaggeration to say that if philanthropy had not been alive and well in Larimer County in 2009, ChildSafe would not have been able to keep its doors open.</p> <p>Thanks to all of you who shared with us last year. We hope you have a sense of fulfillment in knowing your contributions have gone a long way to ensure that families in Larimer County can be healthy, happy, healed, and thriving!</p>
 <p>an event to benefit ChildSafe Start the healing</p>	  <p>Jane Bradley Executive Director</p> <p>Val Macri-Lind Clinical Director</p>
<p>"Art Thrives!" event to benefit ChildSafe Friday, July 30, at Club Tico 5:30 – 9:00 pm</p> <p>The event will feature a live auction of professional artwork.</p> <p>Host: Bill West</p> <p>Official Co-chairs: Gary &amp; Carol Ann Hixon</p> <p>Appetizers, wine, and beer</p>	<p><b>CHILDSAFE TRIVIA BOWL, Saturday, April 10, at C.B. &amp; Potts:</b> Have fun and help raise funds for ChildSafe. From 4:00 to 7:00 pm, teams of two to six members will compete for great prizes. Event will be emceed by Michael Stone of Tri-102.5 Radio. All proceeds go to ChildSafe. See our website at <a href="http://childsafecolorado.org">childsafecolorado.org</a> for more details and for a registration form. Deadline to register is April 7.</p> <p><b>A VICTIM FINDS LAUGHTER AGAIN</b></p> <p>I am nineteen years old, and I was sexually abused by my grandfather from around age three to eight. I told him to stop touching me when I was eight years old, which was the scariest thing to do at the time. But a miracle happened, and he did stop.</p> <p>I didn't tell a soul until ninth grade. My world was collapsing. I started to remember what he had done, and I would cry all the time for no apparent reason. My parents knew something was wrong but could never get anything out of me. I finally told them through a letter I wrote before school one day. There was a great load off my shoulders, but I still needed help.</p> <p>I tried a few therapists, but they never really worked for me. Then my parents found ChildSafe. I connected much better with the therapist and started on my healing. It was very hard to talk about the terrible memories that haunted me, but my therapist was very comforting and helped me overcome that hill.</p> <p>ChildSafe has helped me live my life again. It has given me my laughter back, which I am so happy for. It has really been the best thing for me and my family. I thank my therapist and everyone who works there with all my heart. They saved me.</p>



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ChildSafe is a 501(c)3  
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**MEET THERAPIST KANDY MOORE, MS, LMFT**

Kandy Moore is co-founder and past Executive Director for ChildSafe. When asked why such a group was needed, she said, "Because there was no structure in place in the county then to work with the whole family of a child who had been sexually abused. Therapy for the affected child was also very limited."



Kandy has a Masters Degree from Colorado State University and Family Therapy and is licensed to practice in Colorado. She has served on the Larimer County Child Protection Team, the Department of Human Services Juvenile Sex Offender Review Team, and the Northern Colorado Juvenile Offender Resource Team. She specializes in psychotherapy with parents of sexually abused children and adult survivors of child sexual abuse. She also supervises therapists who work with trauma victims. Kandy is considered an expert witness for testifying in the Eighth Judicial District in the areas of sexual assault and trauma.

In addition to her clinical practice, Kandy is known for the outstanding training workshops she conducts for organizations and universities in Colorado, Arizona, and Wyoming. These workshops focus on the treatment of adolescent sexual assault victims, adult survivors, non-offending family members, and sexual offenders. Colleagues in her field speak highly of her ability to teach specific skills needed in these areas, especially concerning the perpetrators. One said, "She just seems to know how perpetrators think."

In October, 2008, Kandy was appointed to the Colorado Sex Offender Management Board by the Colorado Department of Criminal Justice. This group develops policies for the management and treatment of sex offenders, keeping public safety in the forefront. A part of the focus is monitoring the providers of treatment for sex offenders across the state to ensure that all of the offenders are receiving the same kind of treatment. The basic goal is to lower the level of recidivism and ultimately prevent more abuse.

Kandy and her husband of 42 years have one son, a daughter-in-law, and a granddaughter whom she babysits part time. Her beautiful smile when she speaks of this duty tells one way she "leaves the work behind when I leave the office. I have to do that to remain effective. I love what I do. I am passionate about it. And I want to continue to contribute."

When asked what message she would send to the community about ChildSafe, Kandy immediately voiced her deep gratitude for all the donors who support the work. She also said, "Child sexual abuse is a difficult subject to discuss. But we cannot bury our heads in the sand, for that will not make it go away. We must face this issue. We must confront it to stop it and prevent more victims."

Kandy Moore is a caring, vigilant warrior with a gentle soul.

**GAY & LESBIAN FUND SUPPORTS "ART THRIVES!"**

The Gay & Lesbian Fund proudly supports ChildSafe's first major fundraising event, Art Thrives! In a recent grant award, the Gay and Lesbian Fund agreed to match \$2,500 raised through new and increased donations to ChildSafe. Featuring artwork from professionals as well as ChildSafe's littlest clients, Art Thrives! will generate much needed funds to provide even greater support to sexually abused children and their families throughout Larimer and Weld Counties. Together, we are working to build a better Colorado.



# A HUGE THANKS TO OUR 2009 DONORS

## \$10,000 and Above

Community Foundation of Northern Colorado  
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Victims of Crime Act (VOCA)  
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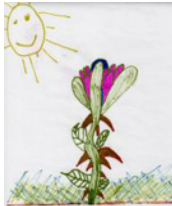
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**WE COULD NOT DO THIS WITHOUT YOUR HELP**

<p>A five-year-old play therapy client after his first therapy session held out his hand to his therapist, one small finger curled, and said, "Make a pinky promise that you'll play again with me next time."</p>		
	<p>A nine-year-old girl walked in and asked her therapist if the girl who usually went before her had finished therapy, as she had not seen the girl in a few weeks. The therapist told her yes, the girl had finished therapy. The child asked, "Will I be done some day?" The therapist said, "Yes, you'll be done some day." The child responded, "But I don't ever want to be done coming here!"</p> <p>The therapist wished a child's caregiver "Happy Thanksgiving." The caregiver stopped, turned around, and said, "I'm thankful to you and the other therapists for working with my family."</p>	
<p>A girls' group (ages 7 – 10) were playing a game where the girls drew questions and then answered them. One question: One thing I have learned is...</p> <ol style="list-style-type: none"> <li>1. "Group has taught me that other girls have been abused, and that helps to make me braver" (age 10).</li> <li>2. "I have learned that the abuse was not my fault, and by other girls sharing their stories, I have learned to trust again" (age 8).</li> <li>3. One girl said that she was not sure if she was going to tell her story when it was time. Another group member, age 7, replied, "That's okay. I was scared to tell who I had touching problems with at first, but then when I felt safer I was able to tell. So when you feel safer, you can tell, too."</li> </ol>		<p>A twelve-year-old girl asked her therapist if she had any children, and she said no. The girl then asked, "Is that because you take care of all of us kids?"</p>
<p>A client, age twelve, was having trouble at home with his parents. After a session with his mom and his therapist, he got into the car with his mom and said to her, "I think that helped a lot."</p> <p>A therapist had a session with a six-year-old boy. After the session she said, "I'll see you next week." The child turned to his mother and said, "Can I see her tomorrow instead?"</p>	<p>A client, age twelve, was having trouble at home with his parents. After a session with his mom and his therapist, he got into the car with his mom and said to her, "I think that helped a lot."</p> <p>A therapist had a session with a six-year-old boy. After the session she said, "I'll see you next week." The child turned to his mother and said, "Can I see her tomorrow instead?"</p>	

### OTHER WAYS TO SUPPORT CHILDSAFE

**Tees Fore Two Charity Golf Tournament:** a benefit for F.R.E.E. and ChildSafe, organized by the ROMEO Golf Club. Tournament will be Monday, September 20, at the Fort Collins Country Club. Become a sponsor or register to play (\$125 per golfer). You must register early. For details, contact Jan Goldstein (206-0201) or Don Sinnar (225-0359).

**Quilt Raffle:** sponsored by the Rocky Mountain Quilt Foundation. Tickets are \$1 each, 6 for \$5. Drawing on August 22 during the Rocky Mountain Quilt Festival at The Ranch. Tickets are available from the ChildSafe office or Rocky Mountain Quilt Foundation or during the Festival.

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